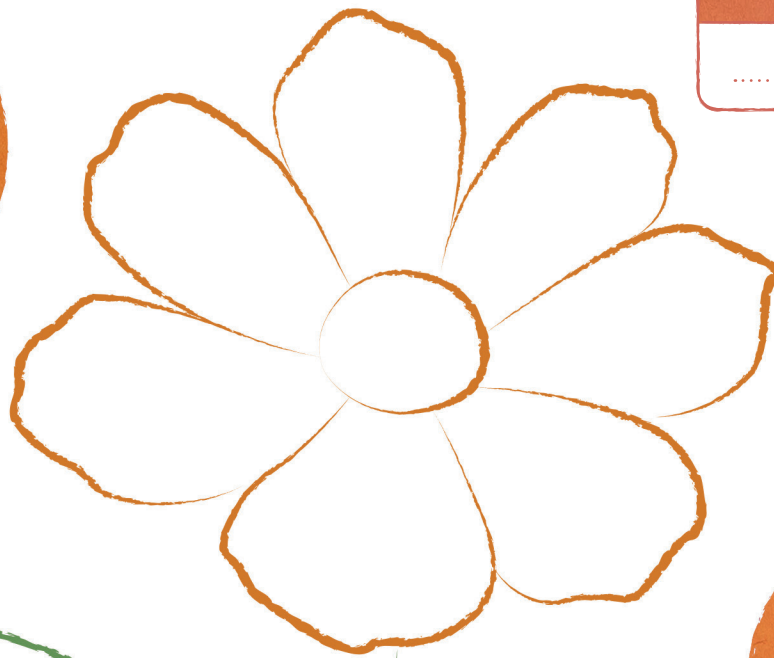


Name: \_\_\_\_\_

Who adds color to your life? Write the name of someone on each flower petal who knows how to make you smile.



Who helps hold you up when you are sad, scared, or discouraged? Write their name next to the flower stem.

Who provides you with nourishment? Write the name of someone on each leaf who makes sure you always feel filled with positivity and encouragement.

Roots help flowers stay grounded so they can grow strong. Who are some other people in your life that support you and help you feel grounded? In what ways do you feel supported by them?

