

WISDOM

Kingdom of Anger

Lesson 1



This is Wisdom



This is the Kingdom of Anger



This is the King



WISDOM

Kingdom of Anger

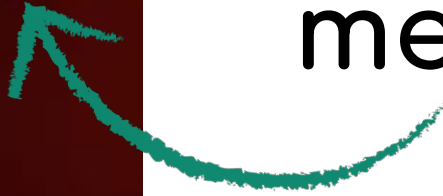


Why does the
King ask Wisdom
for help?





"Antidote"
medicine

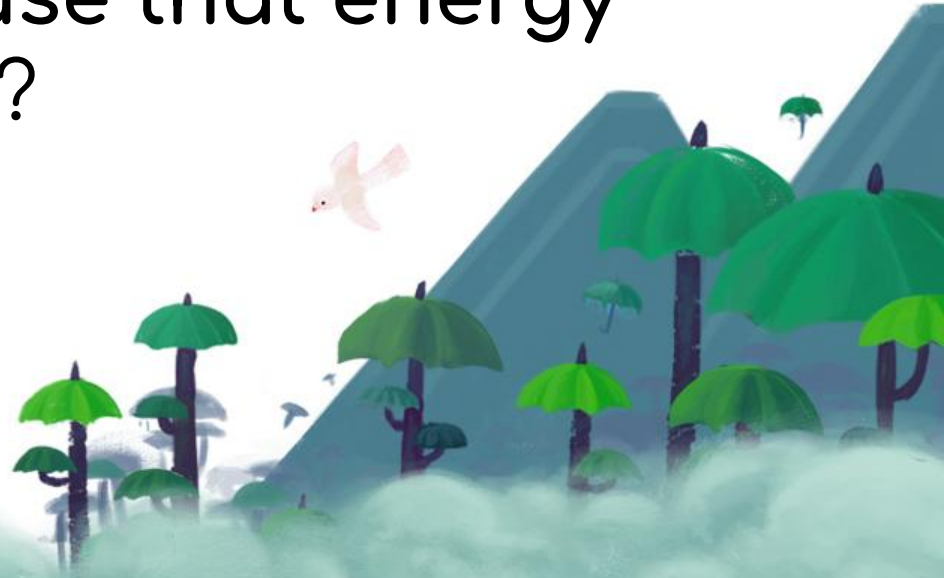


Why does the
King say anger
is good?



Sometimes when we feel angry, we might break or destroy something.

Has this ever happened to you?
Do you think we can use that energy
in more positive ways?

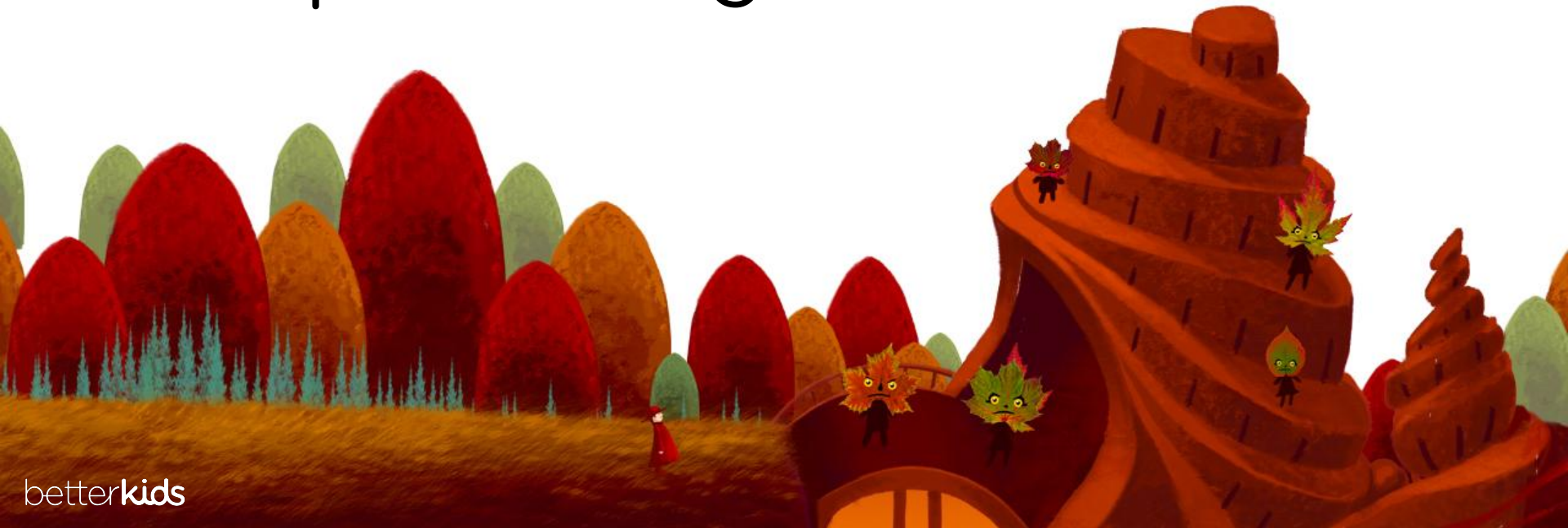


What is the difference
between our emotion
and our behavior?



Next time...

We will win superpowers
to help the Kingdom!



Grab an adult!

1. Discuss:

Is it easier to learn something new or make decisions when you feel angry? Or when you feel calm?

2. Go to our FlipGrid:

Sometimes we feel angry, happy, sad, or scared. Choose **one** of those feelings and tell us a time you felt that way and why.